# Participant Information



### **Elite Coach Course**

The Elite Coach Course is the third level of Coach Accreditation on the TFA Coaching Pathway. The Pathway consists of four courses of accreditation that cover the TFA pathway from participation through to high performance.

# **TFA Coaching Pathway**



### **Course Outline**

Day 1	
Participant Introduction	10 mins
Module 1: Coaching Processes - Theory	90 mins
Module 2: Team Dynamics - Theory	30 mins
Module 3 &4: Skill Development – Movement, Ball, Rollball and Rucking – Practical	100 mins
Module 5. Attack Skills and Strategies – Practical	100 mins
Module 6: Defence Skills and Strategies – Practical	90 mins
Day 2	
Module 7: Athletic Performance - Theory	60 mins
Module 8: Coach Intervention and Game Analysis – Theory/Practical	80 mins
Module 9: Elite Game Plan – Theory/Practical	60 mins
Module 10: Athlete Development, Selection and Talent Identification - Theory	40 mins
Module 11: Mentoring - Theory	30 mins
Module 12: Coach Professional – Theory	30 mins
Module 12: Game Concepts and Strategies – Practical	100 mins
TOTAL (inc breaks)	16 hours

## **Pre-Course Information**

Prior to the course you will need to complete the following:

- ASC Intermediate Coaching Principles Worksheets (Textbook provided by TFA with pre-course resources after registration)
- 2. Prepare one practical presentation provided by your course presenter issued after registration

It is also recommended you review the TFA Athlete Development Framework (FTEM Model)

# Resources

The <u>Touch Football Australia Coaching resources page</u> also contains a number of useful items, which we encourage you to check out.

