

SAFE REFEREEING

Child Safeguarding - Quick Guide

For Referees

Professional Boundaries

DO

Be friendly but stay professional
Treat all participants equally
Keep interactions about the game

DON'T

Be 'mates' or form close friendships
Show favouritism
Share personal problems



Language & Tone

DO

Speak calmly and respectfully
Encourage effort ***"Nice Work!"***
Shut down bad language

DON'T

Yell, insult or embarrass participants
Use negative or offensive language
Ignore inappropriate comments

Positive Guidance (Discipline)

DO

Set clear expectations
Stay calm correcting behaviour
Help players learn

DON'T

Use punishment or fear
Isolate or embarrass participants
Force behaviour



SCAN THE CODE
For More Resources

Supervision

DO

Keep participants in sight
Stay focused (no phones)
Step in if unsafe

DON'T

Leave participants unsupervised
Get distracted while refereeing
Ignore risks

Online & Communication

DO

Keep messages game-related
Use group chats (incl. adults)
Be transparent

DON'T

Private message U18's
Add/ follow juniors on socials
Keep communication secret

Photos & Videos

DO

Get consent first
Use official channels only
Respect privacy

DON'T

Take photos without permission
Use personal devices
Film or Photo in private areas/ tents
/ changerooms



Physical Contact

DO

Keep contact minimal & appropriate
Ask permission if needed
Use verbal instruction first

DON'T

Touch unnecessarily
Rough play (wrestling, tickling)
Ignore discomfort

