



## Stationary Line Pass

Set up the drill as below, with players approx 2 metres apart. Players pass down the line ensuring that the ball goes backwards toward the receiver and that each pass is executed correctly. Use cue words to reinforce player actions.

When the ball reaches the end of the line players turn and face the opposite direction and repeat the passing sequence down the line.

At first practice should be relatively slow to ensure correct execution, but progression can involve two lines running at a diagonal to each other, incorporating communication and speed can be increased and even races between lines of players can be done for fun and variety.

**Equipment**

-  2 x each group
-  1 x each group

