



your
PODIATRIST
Limestone Coast + Western Victoria

**Conditions of Entry
Your Podiatrist Cup
2024 - Version 1.1**



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1. General Conditions

1.1 Venue Details

1.1

Blue Lake Sports Park
Jubilee Highway East, Mount Gambier 5290





Administrator Sean Fulton, Cecilia Eichler
Email yourpodiatristcup@gmail.com

1.2 Venue Map

1.2



(Participants need to be aware that ambulances may enter the playing area from time to time, please listen to announcements made at the ground and to the match referee)

1.3 Team Nomination Process

Team contacts are required to register their team via the online registration process located on the Touch Football Australia website <https://touchfootball.com.au>. During this process the team contact will provide all of their contact details and also confirm that they have read the conditions of entry and that they agree to them. The team contact can provide a registration link to their players.





Once their nomination has been received the team contact will receive information from the competition coordinator with specific competition details.

1.4 Team Fee Payment Guide

Team Fees: \$400 per team

Payable by bank transfer only. Team Name as Reference.

Transfer Details

BSB: 063-536

Acc: 1039 9702

Reimbursement of fees for teams that withdraw

Teams that pull out of the competition before the competition has commenced are entitled to a refund of team fees up until 17th January.

Teams that pull out after **17th January** will not be entitled to a refund and liable for full team fees (at the Competition Organisers discretion).

Payment Method

Full payment must be received before **COB 17/01/2024** into the nominated bank account for team nominations to be accepted into the tournament.

Cash & cheques cannot be accepted.

1.5 Player Registration Process

Touch Football South Australia uses online registration for all its competitions. Once an online nomination form has been completed, the team will be open for players to register via

<https://profile.mysideline.com.au/register/clubsearch> by typing in their team's name.

1.6 Communication

All communication will be through the following means:

- Website: www.touchfootball.com.au/sa
- Email or SMS distribution to Team Delegates
- Public announcements at the competition venue





<ul style="list-style-type: none"> • Facebook <p>Team contacts are encouraged to check these regularly so that they can keep their players updated</p>
<p>1.7 Team Referee Requirements</p> <p>There is an ongoing shortage of referees, which is not peculiar to this sport or venue. To combat this issue and ensure the competition is successful, all teams may have to supply a qualified referee. This person will be required to referee games throughout the tournament.</p> <p>Teams who do not meet these referee requirements may be:</p> <ul style="list-style-type: none"> • forced to withdraw from the competition immediately; or • given written notice that they will not be accepted to re-enter the tournament in the following season; or • Charged an additional fee.
<p>1.8 Player Eligibility</p> <p>a. Players cannot play in another team in the same grade or lower than their normal grade (e.g., player normally plays Men’s Open, cannot fill in for another side which is in Social Open). This is not applicable to Men’s/Women’s Open or Social players playing in the mixed divisions as they are deemed separate competitions.</p> <p>b. Each team member is responsible for registering for their team and referees will conduct a roll call at each game. The information contained on the team sheets shall be used for the purpose of;</p> <ol style="list-style-type: none"> Determining player eligibility for finals Allocating best and fairest points Verifying that player’s participation for the purpose of making an insurance claim. Total of touchdowns scored <p>c. Team Captains will need to agree to the scorecard after each game.</p> <p>d. Players must participate in 3 round games to qualify for finals. (subject to change depending on team numbers)</p>
<p>1.9 Uniform & Footwear</p> <p>Uniform</p>





- a. All team players are required to be in matching shirts i.e. same colour with a playing number located on the back no less than 16cm in height. No two (2) players of the same team may wear the same number.
- b. All teams are required to be in uniform.
- c. Predominantly white or pink shirts are not permitted, unless permission has been sort with the competition coordinator, this is to avoid a uniform clash with referees.

Footwear & Jewelry

- a. Footwear must be worn while playing (enclosed).
- b. Shoes without screw-in studs or cleats are to be worn. Football boots with molded soles are permitted provided the studs are no longer than one (1) cm in length.
- c. All jewelry must be removed prior to all games, any jewelry that cannot be removed must be taped.
- d. Fingernails must be kept short or be covered by gloves or tape.

1.10 Sign on Sheets & Score Cards

By agreeing to the scorecard at the end of a game Team Contacts are accepting the score. To lodge a dispute, Team Contacts must inform the competition staff within half an hour of the game concluding.

1.11 Team Composition

- a. The following is the rule to be applied in mixed 6 a-side competitions:

- Players on the Field - 6

Women - at least 3

Men - no more than 3

- Players on the Field - 5

Women - at least 2

Men - no more than 3

- Players on the Field - 4

Women - at least 2

Men - no more than 2

- b. Any other competition - Player restrictions will be notified with nominations.

- c. Dispensation may be sought and given to allow all women teams into mixed competitions or the use of females in lieu of males in men's competitions at the discretion of the Coordinator. Teams playing in that division will be notified of any such inclusion.

- d. Dispensation will be given for one 50 or over or 14 and under male to play in lieu of a female in mixed competitions for all divisions. Once playing as a female then the player (male) must remain as a female for the remainder of the game. A male player is only allowed to play as a female if the team has only 4 females or less available, otherwise they must play as a male.





e. To avoid forfeits teams may seek the permission from the opposition captain to change the male /female ratio of their team. If the required players arrive during the game, then the team must revert to the correct ratio.

1.12 Forfeits

Teams that decide to Forfeit any match would lose all competition points withdrawing them from finals eligibility. If there are unforeseen circumstances of which a team must forfeit, the removal of any disciplinary action on the team will be at the competition coordinator's discretion.

1.13 Weather Policies

Hot Weather Policy

- a. Games will be reduced to 2 x 10min halves on any night or day of competition where the temperature exceeds 32 degrees at game time. This will be at the discretion of the Competition Coordinator.
- b. Games will be postponed if the temperature is equal to or exceeds 38 degrees at 4:30pm (as per the Bureau of Meteorology website, Mount Gambier listing, at the time of competition <http://www.bom.gov.au/sa/forecasts/mount-gambier.shtml>). Our guidelines are as per the Hot Weather Policy released by Sports Medicine Australia. Team managers will be expected to check the website and notify their team members. (Continuation of day competitions will be determined at the time and teams notified accordingly). www.bom.gov.au
- c. **Should any games be postponed due to hot weather then games will be re-scheduled to occur the later in the day if safe.**

Wet Weather Policy

- a. If the conditions are unsafe e.g. excessive rain, sleet, lightning or wind or if the fields are not in a condition acceptable to the coordinator, games will be postponed. Teams will be notified prior to commencement via email.
- c. **Should any games be cancelled/postponed due to wet weather then games will be re-scheduled to occur later in the day if safe.**

Lightning Policy

In the event of lightning in the immediate vicinity of the competition all matches will be:

- a. Delayed by a maximum of 30 minutes if the match is yet to commence.
- b. Ceased immediately if the match is in progress for a maximum of fifteen (15) minutes.
- c. If play cannot commence/resume within the above timeframes, then matches will be abandoned.

Air Quality Policy

In the event of poor air quality, the following actions will take place depending on the Air Quality index reading from the following website:

<https://www.epa.vic.gov.au/for-community/airwatch?siteId=0f58d8a5-4856-4de8-8ce8-5a741e27522c>





Air Quality Index Reading	AIS Recommended Action
Very Good (0 – 33)	Enjoy activities
Good (34 – 66)	Enjoy activities
Fair (67 – 99)	Asthmatic Athletes should have a medical review prior to performing high intensity extended activities.
Very Poor (100 – 149)	Air Pollution Health Alert: Asthmatics or symptomatic non-asthmatics should consider not competing or training outdoors
Hazardous (150 – 200)	Air Pollution Health Alert: Outdoor competitions and training should be rescheduled or amended to provide a safe environment depending on the conditions at the grounds.
Hazardous (200+)	Air Pollution Health Alert: Outdoor competitions and training should be rescheduled or amended to provide a safe environment depending on the conditions at the grounds.

1.14 Finals Fixtures

Final's format will be determined on team entries.

The finals will be played over two rounds at the completion of the normal round matches. Alterations may be depending on team numbers and schedule at the discretion of the tournament coordinator.

1.15 Canteen

Opening hours for the canteen are 10:30am till 3:30pm.

Liquor must not be brought onto the venue. This will be treated as a serious breach of the competition conditions and may result in immediate expulsion and/or the police being contacted.

Sports drinks, soft drinks, water and various confectionery items and a BBQ will be operating with items for sale.

1.16 Traffic & Parking





It is important that all participants exercise extreme caution when arriving and departing from the venue. Parking should only be in the areas clearly indicated as parking spaces. This is for the safety of all participants. Dangerous behavior in the parking areas or roads surrounding the venue needs to be reported to the administrator immediately. In some instances, vehicles may be towed away without warning, or the police will be called to assist. Parking is not allowed within the grounds.

1.17 Safety

The Administrator and other officials will do their best to ensure all areas of the venue are safe to all participants. However, all participants are requested to advise the Administrator immediately if they notice any potential hazards.

1.18 First Aid

A first aid kit will be available at the administration area for the treatment of injuries that are sustained whilst playing at Your Podiatrist Cup. Ice is also available for the immediate treatment of injuries.

All injuries must be reported to the Administrator, who will then supply an Injury Report Form and advise the proper procedures (including insurance information)

The Touch Football Australia insurer is Sportscover Australia. Policy details can be found at <https://sport.marshadvantage.com.au/touchfootball>

1.19 Insurance Procedure

All registered and financial members of Touch Football Australia are covered under the TFA insurance provider Sportscover.

To ensure you are covered under the insurance policy all participants need to adhere to the following guidelines

- Register online for their team
- Record the injury on the scorecard
- Report the injury to Your podiatrist Competition Coordinator as soon as possible
- Fill out an injury report form (collected from TFA staff)
- Record the injury to Sportscover www.sportscover.com.au





For further information on the insurance policy please read the noticeboards located within the clubrooms or visit Touch Football Australia's website.

<https://sport.marshadvantage.com.au/touchfootball>

1.20 Disciplinary Regulations

- a. Any player sent from the field of play for the "rest of the game" shall receive an automatic two (2) match suspension from all TFA affiliated touch football competitions. As per the TFA 8th Edition Playing Rules, a Two (2) matches refers to the period of time it takes for two matches to be completed by the team in the division from which the player was suspended. A bye does not count as a match completed.
- b. A second offence during the Competition receives an automatic three (3) match suspension (as per length of time required to serve as above)
- c. A referee shall have the right to report a player to the disciplinary tribunal for further sanction beyond the automatic suspension above.
- d. The Competition Coordinator shall have the right to suspend or terminate a game in appropriate circumstances and shall have the right to report a player or players to the disciplinary tribunal if necessary.
- e. A player suspended from participation in any other touch football competition conducted under the auspices of the TFA shall not be permitted to play in any Touch competition.
- f. A player suspended from participation in Touch competitions shall be subject to the bylaws of any other competition with respect to his/her right to participate in the other competitions.
- g. Suspended players have 48 hours in which to lodge a written appeal along with the \$50 appeal fee. **Clause a. cannot be appealed.**
- h. Disciplinary Tribunals will be conducted by the TFSA Tribunal Committee. The TFSA Hearings Officer will communicate the required action to all required parties in the event of a tribunal as per the TFA Disciplinary Regulations (a copy is available to download from <https://tfa-cms.nrl.digital/media/4886/tfa-disciplinary-regulations.pdf>)

1.21 Other Rules & Policies

All games will be played in accordance with:

- TFA's "Playing Rules, 8th Edition";
- TFA's "General Conditions of Entry for all Competitions"; and





- TFA's "Rule Interpretations & Explanations).

Various other policies are also published at <https://touchfootball.com.au/policies/sport-policies/> such as:

- Code of Behaviour for all Participants
- Member Protection
- Anti-Doping
- Health (sun, smoking, alcohol, food choices, blood, concussion,)
- Risk Management (extreme weather, air quality)
- Privacy
- Pregnancy
- Children Playing in Adult Competitions
- Concussion Policy

Copies of these documents are available from the Administrator at the competition venue on request from any participant.

2 Season Specific Information

2.1 Key Dates

Team Registration Deadline (closing date) - **17th of January 2024.**
 Grading Rounds (if applicable) - **TBA**
 Date of competition – **January 20 2024**
 Payment Deadline – Team Fees to be paid in full by **January 17th 2024**
 Individual Online Registration Deadline – **Due January 18th 2023 COB**

*dates subject to change

2.2 Competition Divisions

Division	Grades	Age Requirement	Handicaps/ Redraws
Men's	Open, Social	Min. age policy applies	Men's Open Competition may be subject to team handicaps depending on strength of team(s) participating





Women's	Open, Social	Min. age policy applies Players must be 6 to participate	Women's Open Competition may be subject to team handicaps depending on strength of team(s) participating
Mixed	Open, Social	Min. age policy applies	Mixed Open Competition may be subject to team handicaps depending on strength of team(s) participating

Re-grading will occur at the discretion of the Your Podiatrist Committee and subject to team numbers.

2.1.1 Handicaps/Redraws

Social Divisions will not have any handicaps placed on teams.

Handicaps will be applied to level out the competition giving each team an opportunity to win their division. All handicaps will be applied at the discretion of the Your Podiatrist Committee. Due to the nature of this year's tournament, this will be decided upon close to the start of the tournament given the current environment.

2.3 Game Time & Duration

Games will go for 20 minutes with Touchdown turnaround format unless otherwise indicated due to team numbers.

2.4 Team Fees

The total cost to register one (1) team is \$400

2.5 Awards, Prize money & Presentations

Awards will be presented to winning teams of the relevant Grand Final of each division.

Your podiatrist also has the following awards in recognizing key volunteers and community members promoting the spirit of Touch Football in Australia.





MVP for each division: as voted by the Referees on the match

Jim Smith Memorial award

Criteria: To be awarded to the player with an excellent dummy pass and magic footwork, represents the spirit of the game. Plays with flair and fairness, is a little cheeky but is ultimately a team player.

Winning teams and prize money will be announced before the tournament and is dependent on total team registrations for each and all divisions at the discretion of the Your Podiatrist Committee.

Longest Pass / scoop and score (TBA)

All awards will be presented after the final match on the day.

2.6 8th Edition Rule Book

<https://touchfootball.com.au/volunteer/8th-edition-rules/>

