



Australian Government

Australian Sports Anti-Doping Authority

Touch Football Australia

Anti-Doping Education Plan

Prepared by
ASADA Education



OVERVIEW

This document provides a simple overview of what steps will be taken by Touch Football Australia and ASADA to educate athletes about their anti-doping rights and responsibilities.

ASADA is tasked to support, encourage, develop and implement initiatives that increase the skills and knowledge of people involved in sporting activities about anti-doping matters.

Touch Football Australia is the peak body for the sport of Touch Football in Australia. As such, they are best placed and have responsibility for ensuring all athletes are educated on anti-doping matters.

By working together, Touch Football Australia and ASADA aim to ensure all national team members complete online anti-doping education as part of their team requirements. In addition to this, national youth team members will also attend an anti-doping workshop at their national camp.

In order to reach a wider audience, Touch Football Australia will recommend online education to competitors at major national events and ensure it is compulsory for National Open and Youth team members and officials from 2014.

Touch Football Australia Anti-Doping Education Plan

Taking into consideration the structure of the sport, staffing resources available, and the support and services provided by ASADA, Touch Football Australia plans to undertake the following activities in order to educate its members about anti-doping issues:

Audience	Activity	Target
National Open Teams and associated Officials	Pure Performance Online: mandatory completion of level 1 and level 2 certificates before competing for Australia.	100% of national team members hold level 2 certificate.
National Youth Teams and associated Officials	Pure Performance Online: mandatory completion of level 1 and in first year then level 2 in second year. Face-to-face workshop: Touch Football Australia staff member to complete facilitator training and deliver anti-doping education at national youth camps.	100% of national youth team members hold level 1 certificate.
Elite Eight Teams and associated Officials	Pure Performance Online: recommend online education to Elite Eight teams at National Touch League 2014 with the view to making this compulsory in 2015.	100% of team members offered education.
AusSquad – Junior Development Program and associated Officials	Pure Performance Online: first year athletes to complete modules 1 to 3 of the level 1 course. Second year athletes complete modules 4 to 6 to complete the level 1 course. Third year athletes complete the level 2 test.	100% of AusSquad members are offered online education.
National Events and associated Officials	Pure Performance Online: recommend online education to competitors prior to major events.	100% of competitors offered education.



ASADA's Commitment

ASADA will:

- Partner with Touch Football Australia to develop an anti-doping education program that meets their needs.
- Design, develop and provide accessible anti-doping education solutions.
- Ensure that the content is correct and adequate as well as provide reports and verification of participation.
- Develop or fund development of e-learning, to ensure consistency.
- Report on the progress of athletes in the online learning system.

Evaluation and reporting

ASADA will report back to Touch Football Australia quarterly regarding the number of members from their sport using the Pure Performance Online learning system. Touch Football Australia may also request ASADA to provide specific reports as necessary.

Touch Football Australia commits to ensure that records of attendance at any workshops or presentations conducted by the sport will be collected and forwarded to ASADA for filing.

ASADA and Touch Football Australia will discuss annually the education conducted in the previous twelve months, identifying areas for improvement and re-planning for the next year.

Touch Football Australia will assist ASADA's monitoring of the satisfaction and effectiveness of education programs by responding to ASADA's annual stakeholder survey as well as encouraging their athletes and members to do the same.



Education Resources

Following is a list of education products and services which are available free of charge (Government Funded) to Touch Football Australia. The list is non-exhaustive and will be regularly updated as new services become available.

Resource	Summary
Pure Performance Online	ASADA's eLearning system designed to provide participants with the opportunity to learn about core anti-doping topics. Athletes and support personnel can access a range of training courses and tests.
Online Facilitator Training	Available through Pure Performance Online, allowing participants with a background in training to further develop their anti-doping skills, access presentation resources and support, in order to present workshops on behalf of the sport.
Train the Trainer workshop	ASADA will be implementing train the trainer workshops suitable for those wishing to facilitate anti-doping sessions in their sport. Invitations will be sent to NSO's when sessions are being planned.
ASADA DVD	A 30 minute DVD presented by elite Australian athletes, the Pure Performance DVD covers the core anti-doping topics. It is downloadable from the ASADA website or YouTube.
VodCasts	Six 5-minute vodcasts covering the core anti-doping topics. Vodcasts are available to watch or download from ASADA's YouTube channel.
Social Media	Aside from the ASADA website (www.asada.gov.au) which provides core anti-doping information, athletes and other interested parties can stay up-to-date with anti-doping issues via ASADA's twitter and facebook pages.
Trade Stands	A highly visible education booth including anti-doping quizzes and prize giveaways. Most appropriate for large mass participation events and organised on application to ASADA.
ASADA Publications	ASADA publications are generally available online free or delivered for a cost (some items are delivered free of charge - please check): Athlete Testing Guide booklet, Check Your Substances booklet, Check Your Substances flier, Dangers of Doping flier, Posters, Wallet Cards.
Communication tools	A number of tools are available for NSO's to promote anti-doping including buttons/links for websites and print ready ads for publication.

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