



## PURE PERFORMANCE ONLINE

### OVERVIEW

To ensure all Australian athletes are aware of their anti-doping responsibilities, online anti-doping education is provided by the Australian Sports Anti-Doping Authority (ASADA).

Pure Performance Online is ASADA's eLearning system offering quality online anti-doping education for all members of the Australian sporting community to access anywhere at any time.

### WHAT WILL I FIND IN PURE PERFORMANCE ONLINE?

#### Level 1 Anti-Doping Course:

- > Covers key areas of anti-doping including the prohibited list, doping control, TUE's, and whereabouts
- > Certificate upon completion (never expires)

#### Level 1 Fast Track Test

- > Athletes with prior knowledge can take the Fast Track Test to be exempt from the course
- > Must score 100% in two attempts
- > Certificate upon completion (never expires)

#### Level 2 Anti-Doping Test:

- > Covers more advanced topics in anti-doping and updated annually to reflect current trends
- > Request the test from the Level 2 tab after completing level 1
- > Certificate upon completion (expires December 31<sup>st</sup> each year)

#### Learning Updates:

- > Series of short interactive videos about current anti-doping trends
- > Support awareness and knowledge currency throughout the year
- > Registered e-Learning participants are notified of new learning updates via email

#### Facilitator Courses:

- > Comprehensive training for support personnel wanting to present anti-doping education
- > Learn how to present from the ASADA PowerPoint or make the ASADA DVD more interactive
- > Access to resources including a copy of the PowerPoint presentation, attendance forms, etc.
- > Request the facilitator courses from the Level 2 tab

### HOW DO I ACCESS PURE PERFORMANCE ONLINE?

You can get started with ASADA e-Learning by visiting <http://asada.skillsoptimiser.com>

Click register to create a new account then wait for your registration confirmation email and follow the instructions to login to Pure Performance Online.

### HOW DO I PROGRESS TO LEVEL 2?

Click on the Level 2 tab in the menu and click on the training you want to request. Make sure you have completed the pre-requisite training then click the Request Training button.

The Level 2 Anti-Doping Test is automatically approved and will appear in your home page after you submit your request. The Facilitator Courses require further approval from ASADA and your National Sporting Organisation; please allow 3-5 working days.

For further assistance visit [www.asada.gov.au](http://www.asada.gov.au) or contact the ASADA Education team at [education@asada.gov.au](mailto:education@asada.gov.au).